

A/B, 3, 2/93

To: File

Subject: SI and H. Experimentation, 16 January 1952

On Wednesday, 16 January 1952, SI and H experiments were carried on in Building 13, Room 20, with Misses [redacted] and [redacted] and [redacted] by Messrs [redacted] and [redacted].

A
After a general discussion, [redacted] ran the standard "arm raising" test on [redacted] and then converted the arm raising test into a general slow relaxation. As heretofore noted, [redacted] left arm responded to the test while her right arm did not leave the arm of the chair. She, however, did attain a light trance state to such an extent that both arms were completely limp and she was undisturbed by dropping them. [redacted] however, was unable to produce a catalepsy in [redacted] arm at this time. Furthermore, it was noted upon questioning, after awakening [redacted] that she did not recall her arm's being dropped.

[redacted] then ran the standard "hand raising" test with [redacted] and was able to produce a very strong hand raising. Thereafter, [redacted] attempted to produce a complete relaxation by the slow relaxation method using fixation on a watch on [redacted]. This result was not successful although [redacted] did reach a fairly relaxed condition. Later during the evening, [redacted] explained she could not concentrate and was unable to apply her full mentality to the problem because of an upset stomach and the "grumbling" diverted her attention. [redacted] was awakened by the usual 1-5 method.

[redacted] then, without trying a "hand raising" test with [redacted] and using a fixation method, induced [redacted] into a very light trance state with a post hypnotic, that she would be able to sleep again when directed. [redacted] when awakened [redacted] by the slow 12345 method and shortly thereafter instructed her to go to sleep, which [redacted] did, reaching a somewhat deeper trance state than before. Although a cataleptic arm condition could not be produced at this time. [redacted] was then reawakened by the 12345 method again.

At the conclusion of these tests, a short general discussion followed and work was concluded at approximately 9:00 PM.